



HEALTH & NUTRITIONAL STATUS ASSESSMENT

ID _____ (leave blank, for office use only)

Name*

Age*

Position*

Department*

Height cm

Weight kg

BMI

% body fat

Visceral fat

Blood glucose

Systolic Pressure

Diastolic Pressure

Muscle strength

=====

Physical Activity Yes No

If YES, Type: Walking / running or jogging/ Exercise/Sports/other

If No (Reason) _____

Duration of P.A _____ minutes/day

Frequency of P.A _____ days / weeks

Counseling:



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INVITATION

The Colleagues-UAP in collaboration with Department of Human Nutrition and Abbott-Pakistan is pleased to invite all faculty members and administrative staff of the University of Agriculture Peshawar to the Health and Nutritional status assessment Camp. The online registration form is available on <https://goo.gl/forms/6nDulczlhpdXzmk1>

Please fill in the required information marked as (*) and bring along the attached proforma on March 28th, 2019, 9.00 am-2.00 pm at AUTA Hall, The University of Agriculture Peshawar. For any query please contact Dr. Mudassar Iqbal email: mudassariqbal@aup.edu.pk

Event Coordinator
Dr. ZIA-UD-DIN
Associate Professor
Department of Human Nutrition
The University of Agriculture Peshawar